We Are Here For You!

Quality Dialysis™
STAFF ASSISTED HOME DIALYSIS

“We Are Here For You!”
Welcome to Quality Dialysis your number one Staff-Assisted Home Dialysis provider. Since 1993, Quality Dialysis has pioneered the expansion of Staff-Assisted Home Hemodialysis, by administering dialysis procedures in the comfort of your own home.

Our wellness team consists of experienced social workers, renal dieticians, registered nurses and biomedical technicians committed to you and your health care needs. These specialists provide the day-to-day management of your care under the direct supervision of your nephrologist.

We realize that you have other health care options and consider it a privilege to be of service to you. When it comes to your health, trust only the first and the best — Quality Dialysis!

**Treatment Options:**

- Staff-Assisted Hemodialysis
- Self Hemodialysis Home Training
- Nocturnal Hemodialysis Home Training
- Peritoneal Dialysis Home Training
  - a. Continuous Ambulatory Peritoneal Dialysis (CAPD)
  - b. Continuous Cycler Peritoneal Dialysis (CCPD)
- Short Term Daily Hemodialysis Home Training
Staff-Assisted Home Hemodialysis

Staff-Assisted Home Hemodialysis is a rapidly growing treatment option that allows the patient to receive one-on-one care by a licensed and experienced hemodialysis nurse in the comfort of home. Treatment is administered three times a week for a duration of three to four hours. This unique option is family-oriented and supports lifestyle initiatives.

**Everything is centered around you!**

- Your doctor provides oversight for home hemodialysis care.
- The dialysis equipment is a single use system and remains in your home.
- Water sampling, other environmental culturing, maintenance, and servicing of the hemodialysis equipment are maintained in your home.
- Dialysis supplies are delivered monthly by caring and conscientious personnel.
- Medications such as Heparin, Epogen, IV iron, antibiotics, etc, will be administered by the dialysis nurse as ordered by doctor. And yes! This is done right there in your home.
- The social worker and renal dietitian will make appointments to visit you.
- Monthly and mid-month blood samples will be collected and sent to the laboratory from home.
- Patient care conferences will be held monthly with you and your health care team.
- Pickup services for biohazard waste are scheduled and disposed per regulatory guidelines.

Electricity and water use are minimal. Staff-Assisted Home Hemodialysis is one of the many home dialysis services that affirm our commitment to you.
“This one-on-one service is really great, but he is not very good at chess!”
Joyce, a dialysis patient who lives in a suburb of Houston, has found that home dialysis suits her to a T. She initially began with PD at night, but after five months, found that it just wasn’t working. She then switched to hemodialysis, which she has done at home from the beginning. And, she said, “As far as I’m concerned, that’s the only option. I have been so sick so many times that I don’t know how I would have gotten to a clinic.”

Dialyzing at home was not difficult from her perspective. Joyce’s nurse comes to her house Monday, Wednesday and Friday to provide dialysis, which saves her the trouble of going out.

“I have real trouble with my knees and legs; they’re very weak,” she explained. Although Joyce has a wheelchair that her daughter can use to take her to the doctor, she finds it much more convenient for dialysis to come to her, rather than the opposite. And if her blood pressure drops sharply after her treatment, she can simply rest in her bed before getting up, rather than rushing to free a dialysis chair for the next patient in line.

“The advantage is that [Bernard] is here with me and takes good care of me,” she added. “He doesn’t have to watch two or three machines. It’s just all the advantages in the world to me.” Joyce’s treatments are paid for by Medicare and by her private insurer; there are no out-of-pocket costs for her.

Ultimately, she says, home dialysis was the best — and only — option for her. It provides her a comfortable setting and the one-on-one care that can help her stay healthier longer.

Kathy Dix  
*Renal Business Today*  
June 8, 2008
“I don’t live to dialyze ... I dialyze to live.”
My name is David Ortiz; I am a registered nurse and have had the privilege of working with some of the most gifted and dedicated surgeons in the city of Houston. During those years I learned and developed a high standard of care for all my patients and also learned to expect the same level of care for myself and my family. You see, as a nurse, I have a different perspective of what a true standard of quality nursing care should feel like.

This perspective has sometimes landed me in trouble because none of the clinical settings I experienced as a patient held the high standards that have become part of my life. After struggling for months going from clinic to clinic to get my hemodialysis treatments and having seen the indignities that hemodialysis patients suffer, I came across Quality Dialysis.

I have been with every major hemodialysis franchise in Houston and none of them even come close to the professionalism, concern, and care that Quality Dialysis provides to all its patients. If you want to take as little or as much control as you wish of the management of your End-Stage Renal Disease in the comfort of your home, you must contact Quality Dialysis now.

What struck me the most was the ease of transition from the clinical setting to the comfort of my home. Quality did all the work - providing all the supplies and equipment necessary and a training program that was concise and to the point. I've been doing home hemodialysis for two and a half years and they have been the most fulfilling years I have had while doing hemodialysis.

I am active; I can go for walks, go grocery shopping, spend time with my grandchildren, and enjoy a lifestyle which entails a very high quality of life. Thank you Quality Dialysis!
“Life can have quality while on dialysis.”

“I am Kenneth Lee and I am on dialysis. My wife Sharon and I are dealing with the effects of kidney failure. We find that with the help of Quality Dialysis life can have quality while on dialysis.”

Sharon & Kenneth Lee
Short Daily Home Hemodialysis Training
Hemodialysis training is administered by a registered nurse under the supervision of a nephrologist, for the purpose of training patients to perform self-administered dialysis in their home for short periods of time. Upon completion of the training program, patients will perform their own dialysis at home, five to seven times a week for 2 to 2 ½ hours each session. At a minimum, eight to twelve weeks of training is required.

Peritoneal Dialysis
This life-sustaining procedure involves the infusion of dianeal fluid (a special glucose solution) into the peritoneal cavity for the purpose of removing waste products and excess fluid from the body. At a minimum, two to six weeks of training is required. Depending on the patient's reimbursement method selection, this training can take place in their home or at an outpatient ESRD facility. After completion of the training program, patients perform their own dialysis at home.

Types of Peritoneal Dialysis
Continuous Ambulatory Peritoneal Dialysis (CAPD) — This form of peritoneal dialysis is completely manual, requiring no machine, and can be performed almost anywhere. The procedure is performed seven days a week, four to five times per day, with each session lasting approximately 35 minutes in duration.

Continuous Cycler Peritoneal Dialysis (CCPD) — This form of peritoneal dialysis is performed at night. The patient sets up the equipment and initiates the dialysis, and the machine will then operate automatically throughout the night while the patient sleeps. This procedure is performed six to seven nights a week, with each session lasting approximately 8 to 10 hours.
As a peritoneal dialysis nurse, my number one goal is to emphasize to patients, “not to give up and to follow their medical instructions. You can live a happy and productive life.”
Greetings from the CEO

Cindy Barclay is the Chief Executive Officer of Quality Dialysis. In 1993, the concept of a home-based dialysis provider, with licensed nurses performing hemodialysis and peritoneal dialysis in the home became a reality. The term ‘Staff-Assisted Home Dialysis’ emerged from this initiative, making Quality Dialysis the number one Staff-Assisted Home Dialysis facility in the state of Texas.

The advantage of Staff-Assisted Home Dialysis is that a licensed nurse focuses on the physical, physiological, and socio-cultural needs of the patient on a one-on-one basis. Under the supervision of a nephrologist, patients are given the autonomy to enhance quality of life by actively participating in their care.

“We believe that the company’s success revolves around the fact that the need to be cared for with dignity and respect should never be taken lightly. Our commitment to provide exceptional home-based dialysis services has made a difference in the lives of those coping with chronic kidney disease and undergoing dialysis.”

Sincerely,

Cindy Barclay
Chief Executive Officer

A Message from the Medical Director

When I started my career in nephrology, taking care of ESRD patients, I became committed to the idea of bringing dialysis to the comfort and convenience of the patient's home. Being the medical director of Quality Dialysis for the past 14 years, I believe that I have achieved this objective with great success. As medical director, my goal is to provide quality, successful home hemodialysis, peritoneal, and self-home dialysis under the highest standards of care achievable.

Our CQI and PCC involve direct patient involvement and discussions are easily accessible via telephone. As our expansion continues, I am making sure that we maintain Quality’s goals and objectives to achieve our mission of affording the highest quality care.

Sincerely,

Freemu Varghese, MD
Medical Director